

WILD WOMEN
expeditions

BAJA KAYKING ADVENTURE

8 DAYS

**CAMPING, SNORKELLING &
WHALE WATCHING IN MEXICO**



This beginner-friendly Baja kayaking adventure in Mexico is a thrilling active adventure that includes one of the most spectacular sea-kayaking trips in North America – known as the “Galapagos of Mexico” for its diverse marine ecology.

Intrepid explorers and nature lovers Baja bound will find a slice of paradise in Mexico’s 775-mile-long Baja Peninsula. You’ll feel wild and untamed as you paddle a sea kayak off Baja’s remote Isla Espiritu Santo, and quickly find out how easy it is to escape the ordinary by immersing yourself in this island’s vibrant natural panorama.

A gentle sea swell ushers your boat along the base of volcanic cliffs and into quiet, beach-lined coves. Schools of tropical fish swim beneath your bow. Frigate birds soar like flying dinosaurs high overhead. And on rocky sanctuaries just offshore, sea lion colonies and bird rookeries make their calls to the wild. Best of all: fleeting glimpses of dolphins and even breaching whales breaking the silky horizon of the Sea of Cortez.

Our Wild Women Baja kayaking adventure begins with a night of canyon camping under a star-studded sky with nearby natural hot springs to soak in. This journey will take you to La Paz with its old-world beauty and charm, where you will enjoy days of voyaging around the coast of Espiritu Santo Island where life is teeming beneath the water and around you as you kayak.

You’ll get back to nature as your paddle transports you to hidden lagoons, spectacular bays, and sea caves. You’ll take to the sea to snorkel with sea lion pups, bathe in the glorious Baja sun, watch manta rays leap from the water, and visit the curious gray whales of Puerto Chale.

For more information please contact:
adventure@wildwomenexpeditions.com or call 1 (888) 993-1222.

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Today you will rendezvous with your Wild Women guides and group in front of Hotel El Encanto in San Jose Del Cabo at 11:30 AM. We'll swap stories and laughs over the course of our ground transfer in a private taxi to a rural restaurant in the beating heart of Canyon del Zorro, Santiago (1 hour).

We'll get into the Mexican groove with our first bites of tempting regional cuisine before a short walk (15 minutes one way

with a 120m/394ft elevation gain) to take in the views of Fox Canyon. A 12m (40ft) waterfall pours into a welcoming large natural bathing pool. We'll have an opportunity to swim under the pounding falls before continuing our drive (30 minutes) to Santa Rita Canyon where we'll walk (approximately 40 minutes) to our secret campsite under the shade of an enormous fig tree.

Bonus? The campsite is just a short walk away from a steamy natural hot spring – it's the perfect place to channel your bone-deep wild ways and skinny dip (optional). Following a reviving soak we'll enjoy a filling grilled dinner prepared over the fire and absorb the rustic surroundings of our sheltered canyon campsite.

Note: You must plan to arrive in San Jose Del Cabo the day/night before this trip begins due to the early rendezvous time. *Be sure to book flights to Los Cabos International Airport (SJD). Your pre-trip accommodation is not included though WWE will provide recommendations for popular resort-style hotels or more central options in the town. The most convenient option would be the rendezvous point, Hotel El Encanto. The hotel's location is walking-friendly-you'll find several restaurants, unique shops and galleries nearby.

Meals Included: Lunch, Dinner

How much further? 1.5 hour shuttle (65km/40mi)

The skinny on today's hike: Easy-peasy! The walk is 2.5km (1.6 miles) on a dirt trail with 90m (295ft) elevation gain and takes around 40 minutes, depending on the group's pace.

Tonight's Sweet Sleep: Private campsite, Santa Rita Canyon



Today we will have the entire morning to explore the depths of Santa Rita Canyon. We will hike and climb our way up this spectacular canyon, taking full advantage of the deep pockets of freshwater rock pools that we can dip in. There will be plenty of time to bask in the warm embrace of the Baja sun! Following lunch, we'll transfer to La Paz and check into our hotel for showers and real beds!

We'll take a slow stroll along the sea promenade to absorb the bay views and stunning sunset. We'll have dinner and laughs over "who's on Team Cilantro?" at an authentic local La Paz restaurant before jumping in a taxi van back to our hotel.

Meals Included: Breakfast, Lunch, Dinner

Tonight's Sweet Sleep:

Hotel Catedral La Paz (Jan 15, Feb 19, Mar 11)

Hotel 7 Crown Centro La Paz (Jan 29, Feb 5, Mar 4)

Hotel Marine Waterfront La Paz (Feb 12, Feb 26)

How much further? 2.5 hours (145km/90mi)

The skinny on today's hike: Be prepared for a challenging 3-hour scramble over uneven, rocky terrain with an elevation gain of 87m (285ft) and elevation loss of 100m (328ft)! The route is 3km (1.9mi) with some bracing swims in between.

Head's Up: Tonight you will repack for the kayaking expedition. Dry bags will be provided with direction on what items will be essential for you to include. Our group will be able to securely store extra luggage at the hotel or the outfitter's base in La Paz for the duration of the kayak trip.



Today we'll make a beeline to the sacred UNESCO World Heritage Site, Espiritu Santo Island National Park. From Hotel Catedral, it's a simple 2km/1.2mi shuttle to the boat launch. This 3-hour motor boat excursion includes an unforgettable encounter—swimming with sea lion pups!

Espiritu Santo Island was designated as a UNESCO site in 2005 and was deemed a national park in 2007.

The biodiversity is sensational with 98 bird species, 32 registered reptiles and 16 endemic flora and fauna species. Above and below the surface, Espiritu Santo is vibrating with life and sound. We will deep dive into our island adventure with one of the trip's unmatched highlights: a face-to-face snorkeling experience with playful sea lion pups! This intimate encounter with the amazing underwater acrobats is truly unique. The pups are curious and puppy-like in every way!

Tonight, we'll be camping on the beach in a protected bay on the west coast of the island. Here, we'll have our first kayak orientation and get our feet and paddles wet with a 2-hour paddle around the bay.

Following a royal feast of I-want-this-Mexican-recipe Mexican, we will have a tutorial on beach camping do's and don'ts and port-a-potty training for newbies.

Meals Included: Breakfast, Lunch, Dinner

Tonight's Sweet Sleep: This one's for the beach bums! Beach camping!

How much further? 8 minutes driving and approximately 3 hours for the boat excursion to swim with the pups.

The skinny on today's paddle: 2 hours, 5km/3.1mi



Yawn and stretch as you awake from the serene splendor of camping in the shelter of a protected desert island. Over the next two days, we will be exploring the island on foot (easy, short scrambles), camping, kayaking and snorkeling the coast of Espiritu by human power alone. This mini kayaking expedition offers countless opportunities for up close and personal wildlife sightings above and below our kayaks.

Our camping sites may include Candelerero, Coralito Bay or Dispensa Beach, the location of an intricate mangrove ecosystem. Our destination will depend on sea conditions and Mother Nature's wind machine. The group's safety and weather will always dictate our route! Depending on time and the group's energy, the island can also be explored on trails leading from the campsites.

Meals Included: Breakfast, Lunch, Dinner

Tonight's Sweet Sleep: Beach Camp

The skinny on the paddles: On Day 4, approximately 3 hours depending on the group's skill level and pace. Expect to paddle 9.8 kms/6mi. On Day 5, we'll be paddling 10.5km/6.6mi or around 3.5 hours.

Please note: Everyone will be asked to help pack the group's camping gear, food and personal gear (dry bags) in the support motorboat. Your guides help you organize the necessary gear you need for the day in the kayak hatches. The support motor boat will accompany our group to assist with gear and luggage transport during the kayak expedition but we will still learn how to efficiently pack a sea kayak for excursions.



After a nourishing breakfast we'll slide our kayaks in for one last, precious morning paddle to a Frigate Bird colony situated in a former pearl farm. It's quite a site to observe these sinister, thieving birds with their hooked beak and distinct forked tails cruising the thermals. The inflatable brilliant red throat pouch of the males (employed during mating season) is a marvel! These gular sacs take about 20 minutes to fully inflate!

After having a solid bird's eye view of the colony, we'll jump into a boat, speed back to La Paz and check into Hotel Catedral. There will be time to unwind, wash the sand and sun from our skin and/or stroll before gathering again for dinner at a nearby restaurant.

Meals included: Breakfast, lunch, dinner

Tonight's sweet sleep:

Hotel Catedral La Paz (Jan 19, Feb 23, Mar 15)

Hotel 7 Crown Centro La Paz (Feb 2, Feb 9, Mar 8)

Hotel Marine Waterfront La Paz (Feb 16, Mar 1)

How much further? 50 minutes (by boat), 26.5km/16.5mi

The skinny on today's paddle: 2.5 hours (depending on frigate selfies!), 7.35km/4.6mi



This is the culmination of a supernatural week! We'll have a private 2-hour van shuttle to Puerto Chale, the departure site of our whale watching excursion.

The anticipation of being in the presence of 49-foot (15m) 40-ton (80,000lbs) whales and their calves is the finger-crossed hope of our 3-hour boat ride today. Their curiosity is as great as ours and the whales will often swim parallel to our tiny vessels for a closer look.

On our return trip to La Paz we'll stop for lunch and to stretch our sea legs.

Tonight will be our final dinner together and the conversation is guaranteed to be colourful, candid and full of cherished reflections and whale tales no doubt!

Meals Included: Breakfast, Lunch, Dinner

Tonight's Sweet Sleep:

Hotel Catedral La Paz (Jan 20, Feb 24, Mar 16)

Hotel 7 Crown Centro La Paz (Feb 3, Feb 10, Mar 9)

Hotel Marine Waterfront La Paz (Feb 17, Mar 2)

How much further? 4 hours roundtrip (360km/224mi)

Whale spouts: Hopefully, LOTS!



We'll have an early bird breakfast at our hotel and turbo charge our day with extra cups of coffee before taking a group taxi directly to Los Cabos airport (SJD) at 8AM. Please do not book flights before 2PM.

Before departure, be sure to figure out the answer to the burning question with your fellow Wild Women: Where next?

Meals Included: Breakfast

How much further? 2.5 hour shuttle to the airport(195km/121mi)

Ultimate souvenir: A little bit of Baja sand in everything you brought.

IS THIS TRIP RIGHT FOR ME?

This is an active, multi-activity adventure travel trip. We would like you to be comfortable with the following:

- Paddling a sea kayak for 4-5 hours
- Camping in a tent (4 nights)
- Being in and on the water, as there may be unexpected swims and snorkelling is a big part of this trip
- Not comfortable swimming in the water? Please let us know!
- Physical rating: 3 of 5 > Moderate - A good level of fitness, some kayaking and camping experience required

WHAT'S INCLUDED

- Entrance to Espiritu Santo Island National Park
- Gray whale watching excursion
- Sea lion swimming encounter and snorkel gear
- 4 day sea kayaking and camping expedition
- Support motor boat to transport luggage, gear and food during kayak expedition
- One night hiking and camping in Santa Rita Canyon Hot Springs
- 7 nights shared accommodations in La Paz hotel (3 nights), tents at canyon campsite (1 night) and on the beach (3 nights)!
- Savoury Mexican-inspired meals from lunch Day 1 to breakfast Day 8
- Awesome professional and bilingual female guides
- Group camping gear
- Sea kayaks and all paddling safety equipment
- Women will be expected to take turns in a tandem kayak and also have the opportunity to paddle solo
- Ground transportation; Los Cabos - La Paz - Espiritu Santo Island - Los Cabos
- Optional single private upgrade, subject to availability
- All applicable taxes are included in the trip price
- Gray whale watching excursion, sea lion swimming experience

ITINERARY DISCLAIMER

Wild Women Expeditions and our local partners intend to adhere to the described itinerary. This is only a general guide to follow on your tour of the region. Our itineraries are subject to change, as we cannot predict the weather or other environmental conditions. We are continually striving to make improvements to all our trips based on feedback from Wild Women members, guides, partners, and other research. We reserve the right to alter itineraries based on the above at any time. Itinerary version as of January 10, 2024.