

Packing Checklist

India Horseback Riding Tour

Below is a gear list of required and optional items to bring on your adventure. Try your best to avoid cotton clothing for being active in, looking instead for clothing made of nylon, polyester, wool, etc. Please ensure you check the local forecast before your trip and pack accordingly.



Clothing should be modest and shirts should cover the shoulders.

Required Items

- Main piece of luggage: a sports bag with wheels, a soft-sided suitcase, a backpack or similar with small padlocks or combination locks
- Daypack: used everyday for the whole trip. Must be well fitting with supportive shoulder straps and a waist-strap. Should be large enough for your water bottle, raincoat, fleece sweater, camera and personal items. Recommended size: 20-30 litres or about 2000 cubic inches.
- Riding Helmet - MANDATORY!!!
- 2 x riding breeches
- Riding boots with small heels. Avoid chunky soles as they can become caught in the stirrups
- Riding gloves
- Sandals
- Light summer pants

- Skirt (optional, can be handy for "pit stops" when travelling by van).
- Tops including quick dry long sleeved
- Scarf, wrap or pashmina
- Half chaps
- Windproof Jacket
- Fleece/wool sweater: 1-2, something nice and warm for cold nights,
- Short Sleeve Shirt: 1-3, lightweight
- Hiking Pants, quick dry fabrics
- Underwear: 5-10 pairs
- Sport Bras: good support, comfortable bras
- Sun Glasses
- Trail runners/running shoes/crocs: for casual wear in the evenings at lodges/camps
- Socks: 3 to 6 pairs, medium weight, wool or synthetic
- Head lamp, with extra batteries
- Water Bottles or Bladder such as Nalgene, 32 oz/1 Litre with wide mouth or Camelbak
- Toiletries
- Soap, toothpaste, toothbrush, razors, etc.
- Prescriptions (bring in duplicate and pack separately so in the event you lose a set of medication you will then have spare).
- Sunscreen (SPF 30+)
- Lip Balm (with SPF)
- Alcohol-based sanitizer & wet wipes
- Face masks
- Travel Towel (compact, lightweight, quick-dry)
- Earplugs (recommended for sharing rooms/tents)

- Electricity plug adapter (for the hotel) Indian, Europlug / 220-240 Volts
- Personal Health Kit: Your guide will have a first aid kit, but you need to bring your own supplies to prevent illness, handle minor injuries and illnesses, and manage pre-existing medical conditions. Discuss the recommended medications to have on hand in India with your doctor or travel clinic. **Bring more than enough medication to last your entire trip.** [Click here](#) for the **Government of Canada's** recommendations.

[Preparing For Your Horseback Riding Adventure - Boots and Chaps](#)

[Preparing For Your Horseback Riding Adventure - Protecting Your Lady Bits](#)

Optional Items

- Laundry soap
- Travel wallet, luggage locks, travel pillow etc.
- Snacks like energy bars, gel packs etc. and Electrolyte Powder
- Notebook and/or reading material (miniature, for trip log)
- Other clothing to travel in or extend your stay in India
- Camera
- Camelbak
- Solar charger

Essential Documents

- Passport: stored in a waterproof wallet/ zip lock bag
- Passport copies: please bring a photocopy of your passport and keep it somewhere different to the originals.

- Indian Visa (printed from email attachment)
- Money: cash in USD, credit/debit cards with PIN for cash withdrawals
- Air tickets and itinerary: your international and domestic itinerary and tickets (plus photocopies)
- Any maps or guidebooks for the area/country you're visiting.

Be sure to keep copies of your documents separate from the originals!

Packing Notes

Luggage Logistics

Prepare for lost or delayed luggage by wearing or carrying on the items that are essential to your adventure such as an active outfit and your hiking boots. In your day pack (your carry on), you should bring a full change of clothes, your waterproof jacket, toiletries, medications, camera and all paperwork.

As a general rule, don't bring more than you can carry. This will help ensure smooth and efficient transfers in airports, customs, hotels, and loading vans/trailers/boats.

On adventure travel trips it is best to travel with one larger check-in bag and one carry-on bag. These bags are easy to move around, can be toted easily, fit in boats, small planes, and van/bus roof racks. While on tour, your local guide will instruct you on how to prepare for travel between locations.

Check your hold baggage allowance as International and Internal allowances may be different (usually only 15kg on the internal flight and they will charge you if you are

over). Be sure to check with your airline for weight restrictions and carry-on allowances. When packing your carry-on try to include what you would need to be comfortable your first few days in case your checked baggage is misrouted by the airline.

Pack your power banks and/or your European round 2 pin plug adaptor in your onboard baggage. Lastly, do not buy alcohol in duty-free airside because it is currently not allowed to take it through to the internal flight at Delhi > Udaipur as they will confiscate it.

It is advisable to keep baggage to a minimum as it travels with you each day. On the ride your 'main bag' goes in the camp lorry and you will be reunited with it every evening - smaller 'day bags' go in the follow jeep and will be available to access during lunch.

Your day bag should include the following:

- A small pocket torch or headlight.
- Phone chargers and adaptors
- 1 pack of Antibacterial wipes (for any loo seats etc)
- 1 pack of Wet Wipes (refreshing when its hot and dusty)
- Alcohol-based sanitizer and face masks
- Electrolyte gel or powder
- Immodium
- Painkillers such as Ibuprofen and Tylenol
- Band-aids and blister pads
- Medium sized quick dry towel
- Biodegradable soap
- Sun cream - high factor recommended and sunscreen lip balm
- Wrap around sun glasses to ride in (check UV level)

Resources for Buying Outdoor Gear & Clothing

- **Mountain Equipment Co-op (Canada) or REI (USA):** Membership is required for both but so worth it! Both companies have great learning resources, so check them out!
- **Atmosphere/ Sport Check**
- **Borrow:** Why buy when you can borrow from a friend?!
- **Variety/Value Village, Goodwill and Salvation Army** are also great places to find second-hand items like sports shirts and fleece sweaters that are quick-drying, for a fraction of the price! Reduce, Reuse, Recycle!