

Extension Packing Checklist

Amazon Rainforest Extension

The list below is a suggestion of the things to bring during this trip:

- Good binoculars for wildlife viewing (an absolute necessity). We suggest that each visitor carry their own binoculars.
- Camera/video gear (if using film, lower ASA for open areas (50 or 100), higher ASA for forest (400 and up)).



Note: 24-hour electricity (120v) is available for charging batteries and digital equipment.

- Two or three pairs of lightweight long pants.
- Two or three long-sleeved lightweight shirts.
- Two or three T-shirts
- One or two pairs of shorts (mostly for around the lodge)
- Lightweight sweater or jacket
- Raingear (if you prefer not to use the ponchos provided)
- Three or four pairs of cotton socks
- Sandals (Teva type or similar for around the lodge)
- Three or four pairs of absorbent socks
- Small day pack for excursions
- A bottle or canteen to carry water on hike (1-quart size is sufficient)

- Ziplock-type plastic bags to cover optics or other gear
- Insect repellent (Skin-so-soft or DEET product with at least 20% concentration)
- Flashlight or headlamp bright enough for use on night walks
- Small, packable umbrella (can be useful in light rain – very useful!)
- A hat for sun protection (and that will stay on during windy boat rides)
- Sunglasses
- Sunscreen lotion with a high SPF rating
- Personal toiletries and medications (carry medications with you when arriving and leaving the lodge)
- Extra batteries / film / video tapes as appropriate
- A photocopy of your passport (always good to have while traveling)
- Money (in small US\$ bills – ones and fives and coins) for bar bills and Artesania purchases
- We recommend using rechargeable batteries in your visit to the lodge so that you need not dispose of used batteries, thus contributing to the quality of our environment