

# Georgian Bay Kayaking Adventure

5 Days



## Day 1 | Georgian Bay

### Snug Harbour

We are picked up by a boat shuttle at Snug Harbour at 12:30 p.m. and arrive on the island in time for our first sumptuous meal. After lunch, our experienced guides share everything we need to know about camp life on the island. It starts with setting up our tents!

Once our camp is erected, we have an introduction to water safety and get ready to experience the island by kayak.

Tonight, immerse yourself in the land and disconnect from the outside world: meditate, chat with new friends or snuggle up in your sleeping bag for a solid night's sleep in preparation of tomorrow's busy day on the water.

#### Included Meals

Lunch and dinner

#### Accommodations

**Camping Tents** 



# Day 2 - 4 | Georgian Bay

### **Adventure Awaits**

Mornings begin with salutations to the sun before we head out in our kayaks for a day of exploring Georgian Bay's endless islands with time-chiseled and weather-worn rock faces, gnarly cedars and rugged isles. Our afternoons are for relaxing, swimming, reading a few chapters or sitting in on a painting class with Heather. Heather has been painting on these islands for years too, and will share her techniques and artistic insights. A boat shuttle will bring all the supplies needed to paint our own watercolour with Heather's guidance.

Each evening, we wind down weary paddling muscles with a peaceful sunset yoga session. Evening practice capitalizes on all the day's movements with lengthening stretches. We'll work together to improve abilities and finish with a calming Vinyasa flow and meditation.

The island is also a wonderful sanctuary to explore on foot. Birders should be on high alert for pileated woodpeckers, cedar waxwings, red-breasted nuthatches, green herons, great crested flycatchers, bald eagles, ospreys and more!

#### **Included Meals**

Breakfast, lunch and dinner

#### **Accommodations**

**Camping Tents** 



# Day 5 | Return to Snug Harbour

### Wind Down

Our adventure ends mid-afternoon after lunch, when we are picked up by our boat chauffeur and returned to Snug Harbour. From there we say our farewells and depart. If you didn't bring your personal vehicle, grab the shuttle back to Toronto and be dropped off at the same spot you were picked up.

This "soft kayaking and camping" trip is designed to encourage future paddling trips—and thanks to Chef Laurie and your talented guides, this opportunity is full of flavor and watercolor memories to treasure!

#### **Included Meals**

Breakfast



# Trip Details

### Know Before You Go

For all of the logistical details you'll need to know prior to departure—including the packing list, arrival and departure details and suggested tipping information, click <u>HERE</u>.

Itinerary version as of March 8, 2024.