



Moab National Parks Adventure

7 Days



Day 1 | Arrival

Hello Moab

Arrive in Salt Lake City (SLC) by 11 a.m. MST. We'll meet our energetic guide, have lunch at a local brewery and swap stories over a pint before embarking on our four-hour drive to Moab in eastern Utah.

Moab is the gateway city to the massive red rock arches, mesas and buttes that have been sliced and sluiced by the serpentine Green and Colorado rivers' force. In the evening, we'll gather for a welcome dinner in one of the small resort town's you-gotta-eat-here restaurants.

Included Meals

Lunch and dinner

Accommodations

Gravity Haus Moab



Day 2 | Arches National Park

Exploring Arches

We'll rise with the sun and spend the day exploring the eroded sandstone layers and strike off on either a strenuous or leisurely hike (depending on the group's interest and pace) to marvel at some of the most stunning rock features.

We'll be on the lookout for kangaroo rats, ravens, bighorn sheep and lizards skittling about. The plant life is abundant here too—we'll learn all about living soil!

After our immersive time in the desert, we'll settle into our cool yurts and enjoy a savory dinner prepared by our top chef guides and absorb the sunset overlooking the canyons.

Before dinner, our guide will provide a debrief, instructions and discussion about how to prepare for the W Trek tomorrow. You will be provided with one 20L dry bag which our porters will carry over the course of the next three days on the trek. Tonight we sleep in sustainable style in the EcoCamp domes with wood-fired stoves to keep us cozy. Design inspiration for the dwellings come from the ancient Kaweska tribe and their mantra of "leave no trace."

Included Meals

Breakfast, lunch and dinner

Accommodations

Yurts, Dead Horse Point State Park

The Hike

Depending on your group's pace, expect to hike 4–7 miles (6.4–11.3 km)



Day 3 | Canyonlands National Park

Island in the Sky

We are up early this morning for the Island in the Sky district of Canyonlands National Park. This sheer-walled mesa is the calling card of the northern part of Canyonlands. We explore the park on foot: several short trails run along the mesa top with minimal elevation change but startling panoramic beauty.

Tonight we enjoy another mesmerizing sunset followed by a star-studded show in the sky above our yurts!

Included Meals

Breakfast, lunch and dinner

Accommodations

Yurts, Dead Horse Point State Park

The Hike

Depending on your group's pace, expect to hike 4.5–6.5 miles (7.2–9.6 km)



Day 4 | The Colorado River

Rafting the Colorado

We head back for a second day in Arches National Park and spend the morning exploring a few more namesake arches before having lunch at a local restaurant in town.

In the early afternoon we take a big bite out of adventure and raft the Colorado River! This stretch of mesmerizing red-rock canyon offers mild to moderate whitewater (class I & II). We spend 1–2 hours floating on the mighty Colorado, pulling over en route for a sandy beach stretch and snack.

In the early evening, we'll have time to poke around the town of Moab before heading back to our yurts. There are several galleries and indie shops on the two block stretch between 100 South and 100 North.

Included Meals

Breakfast, lunch and dinner

Accommodations

Yurts, Dead Horse Point State Park



Day 5 | Moab

Canyoneering Moab

We experience Moab from a new perspective today via canyoneering, an intimate way of navigating a gorge or canyon using techniques like climbing, scrambling, sliding and jumping. Anything goes!

With our expert local guide leading us through remote areas and wild canyons, today is dedicated to hiking, rappelling, down-climbing and stemming—a totally authentic Moab adventure! We can expect to rappel at least four times on this beginner-friendly activity. Note: We will be required to do some maneuvering through the slot canyons and climbing over rock formations. The longest rappel is 110 feet (34 m).

Tonight will be all about relaxing, enjoying the sunset and winding down with s'mores by the campfire.

Included Meals

Breakfast, lunch and dinner

Accommodations

Yurts, Dead Horse Point State Park



Day 6 | Canyonlands National Park

The Needles District

We spend the day exploring the network of trails and otherworldly sandstone spires of this quieter district of the park. This area is known for its petroglyphs, a historic cowboy camp, ancestral Puebloan-era structures and pothole communities that pepper the slickrock.

Depending on the group's pace, skill and comfort level we can check out some of the backcountry arches and descend deeper into the slot canyons or visit the historic Native American sites.

In the afternoon, with our amazement meter topped up, we return to Moab and gather for our farewell dinner and a pampered night at our hotel.

Included Meals

Breakfast, lunch and dinner

Accommodations

Gravity Haus Moab

The Hike

Depending on your group's pace, expect to hike approximately 6 miles (9.6 km)



Day 7 | Salt Lake City

Departure

After our last breakfast together in town, our guides transfer us back to Salt Lake City for 2 p.m. for our departure flights. When booking your flight, it's recommended that you choose a departure after 4 p.m. (MST). Take in those last lovely visuals of the slot canyons and arches from cruising altitude!

Included Meals

Breakfast



Trip Details

Know Before You Go

For all of the logistical details you'll need to know prior to departure—including the packing list, arrival and departure details and suggested tipping information, click [HERE](#).

Itinerary version as of April 30, 2024.