



WILD WOMEN

EXPEDITIONS

Ultimate Egypt Packing Checklist

Below is a list of required, recommended and optional items to bring on your Wild Women Expeditions adventure. This list is provided as a guideline and is not exhaustive, nor do you need to bring everything on it, if you know you will never use it - think about how you travel and what works best for you.

While visiting mosques and other religious monuments, please dress modestly. It's respectful to cover your shoulders and wear clothes that cover your shoulders and knees. Outside of capital cities, local dress is often more conservative.

 **Note:** For security reasons at customs, please do not bring binoculars on this trip.

 **Helpful tip:** Always check the weather in your destination in the week leading up to your trip!

Required Items

- Main luggage
 - Suggested: small-medium sized suitcase with rollers (soft or hard sided is fine), or travel duffel with rollers; travel backpacks are fine too (40-60L), but keep in mind that you need to carry this along with your day pack
- Small day pack (18-25L)
- Comfortable walking shoes (i.e. trail runners or sneakers are best)
- Light rain/wind jacket
- Reusable water bottle

Recommended Items

- Pants/capris (lightweight quick dry, linen, or cotton)
- Tops (mix of t-shirts, lightweight long sleeves)
- Bathing Suit
- Light scarf
- Hat with a brim
- Sunscreen, lip balm (with SPF)
- Sunglasses and case
- Sandals
- Underwear, bras, socks as needed
- Pajamas
- Toiletries
- Prescriptions/medication (if applicable)
- Personal first aid kit
- Insect repellent
- Ear plugs
- Smartphone with charger, plug adapter for destination and converter
- Money belt
- Spare glasses/contacts (if applicable)

Optional Items

- Snacks (if you have faves you like to travel with)
- Electrolyte drink mix (to aid in rehydration)
- Reading material
- Pencil and notebook/journal
- Travel alarm clock
- Camera and accessories, with extra batteries
- Portable battery for charging phone
- Bandana/ buff
- Sunglasses leash
- Slippers (for the Nile Cruise)
- Dress or skirt (knee length or longer)
- Sarong (for lounging on the dahabiya, also handy for sun coverage)
- Luggage lock

Essential Documents

- Passport (with photocopies and/or saved on phone)

- Travel insurance (with photocopies and/or saved on phone)
- Airline tickets (with photocopies and/or saved on phone)
- Local currency, debit and credit cards
- Wild Women Expeditions Trip Details and Bulletins (saved for easy access on your phone)
- Any entry visas or vaccination certificates as required

 Note: Pack photocopies of travel documents separate from originals (or save to your phone) in the event that your baggage is lost or delayed.

Luggage Logistics

Checked luggage can get lost or delayed on the way to any destination. Prepare for this possibility by wearing items that are essential to your Wild Women Expeditions adventure. In your carry-on, pack a light jacket, change of clothes, snacks, toiletries, water bottle, medications, camera, and all paperwork. Depending on group size, luggage space in vehicles can be limited - please use a small-medium sized suitcase or duffel on rollers, and do not pack more than you can carry.

Resources for Buying Outdoor Gear & Clothing

- Mountain Equipment Company, REI, SAIL, Atmosphere, Sportchek
- Borrow: Why buy when you can borrow from a friend?
- Thrift stores and online swap sites are also great places to find second-hand gear for a fraction of the price. Reduce, Reuse, Recycle, Rewear!